



Men's Sexual Health Group

Men seeking to establish, enhance, or maintain healthy sexual relationships, healthy sexual values, and realistic sexual beliefs are invited to participate in this ongoing psychotherapy group. In a safe and supportive environment, the group experience provides an opportunity for participants to attend to sexual values and beliefs while learning new ways of establishing intimacy and closeness. This group is open to anyone identifying as a man. Topics may include, but are not limited to:

Dating and Relationships • Performance Anxiety • Masturbation
Confidence and Self-esteem • Sexual Decision-making • Self-awareness
Pornography Use • Fantasy Fulfillment • HIV and STIs • Honesty
Identity and Masculinity • Aging • Chronic Illness and Injury
Conflict Resolution • Shame Management • Social Support

Members are encouraged to commit to participating in the group for 8-12 sessions and will have the opportunity for ongoing involvement.

Therapist:

Adam Clevenger, MA, LPCC, CST
Mental Health Counselor & Sex Therapist

**For more information, including scheduling and fees,
contact Adam Clevenger at
Adam@tandemcolumbus.com.**