



Tandem

COLUMBUS

Men's Sexual Health Group

German Village, Tuesdays, 6:00pm – 7:30pm

\$50 per group (or, "pay what you can") *Insurance out-of-network.*

Men seeking to establish, enhance, or maintain healthy sexual relationships, healthy sexual values, and realistic sexual beliefs are invited to participate in this ongoing psychotherapy group. In a safe and supportive environment, the group experience provides an opportunity for participants to attend to sexual values and beliefs while learning new ways of establishing intimacy and closeness. This group is open to anyone identifying as a man. Topics may include, but are not limited to:

Dating and Relationships • Performance Anxiety • Masturbation
Confidence and Self-esteem • Sexual Decision-making • Self-awareness
Pornography Use • Fantasy Fulfillment • HIV and STIs • Honesty
Identity and Masculinity • Aging • Chronic Illness and Injury
Conflict Resolution • Shame Management • Social Support

Group is open to men of all races, classes, sexualities, abilities, religions, and gendered experiences. This group is stronger with more diverse perspectives among us. New members are encouraged to attend 8-group sessions, before committing to ongoing membership on a weekly basis. Folks who are already exploring and questioning their relational values and sexual decision-making are the most likely to benefit from this group.

Therapist Facilitator:

Adam Clevenger, MA, LPCC, CST, CSTS
Mental Health Counselor & Sex Therapist
www.tandemcolumbus.com

**To schedule an intake appointment, or for billing and insurance questions,
or to schedule an intake appointment, contact 614-957-0164 (ex 101) or
Adam@tandemcolumbus.com.**